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Saturday, April 14, 2012

THE MORNING NEWS

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WCA of Aruba conducts lecture on common cancers for men and women

Ten days of a cancer awareness program titled "Sina pa Bo Bida" – "Learn So You Can Live," organized by the Women's Club of Aruba began on Thursday evening, April 12 with an informative evening at the Renaissance Convention Center in Oranjestad. Featured speakers were Dr. Timothy Peterson, Surgeon at the Dr. Horacio E. Oduber Hospital of Aruba, Dr. Guisela Croes, Spiritual Counselor and founder of the Splendor Holistic Center, and guest keynote speaker Dr. Eleanor Walker,

INCIDENCE

- Incidence means amount affected per 100.000 people of target group (= doelgroep = woman beyond menarche):
 - Asia: 20 (-40)
 - Africa: 20 – 40+
 - South and Central America: 40 – 70+
 - Europe: East/South 50 North/ West: 75 – 95+
 - North America: 100 – 120
 - Aruba 45.000 female population after menarche:
- 80 per yr ad 45.000 = 178 : 100.000 population!!**

Brother: Convicted Lockerbie bomber taken to hospital

TRIPOLI - The former Libyan intelligence officer convicted of the 1988 Lockerbie bombing that killed 270 people was transferred to hospital yesterday after his health deteriorated quickly, his brother said.

Abdulasit al-Megrahi was taken from his Tripoli home to a private hospital, his brother

Abdulahakim said. "His health began to deteriorate quickly and we were worried about him, so took him immediately to the hospital where he is receiving a blood transfusion," he said.

Megrahi was convicted in 2001 of the 1988 bombing of Pan Am Flight 103 as it flew to New York from London. All

259 people aboard the airliner were killed and 11 others on the ground in the Scottish town of Lockerbie died from falling wreckage.

Britain freed him in 2009 on compassionate grounds because he was suffering from advanced terminal prostate cancer and thought to have months to live.

Ciclovia coming to San Nicolaas on Sunday



See coverage on page 4

Alarming statistics for breast cancer on Aruba.

Director of Breast Radiation Oncology at the Henry Ford Health System of Detroit, Michigan.

This highly informative evening was moderated by Parliamentarian Lorna Jansen-Varlack, also a member of the WCA and was organized by a special committee chaired by Ruby Narain, wife and working partner of gynecologist Dr. Harold Narain.

Present were representatives of support organizations such as the Wilhelmina Cancer Funds, which offers financial assistance and helps cancer patients connect with the facilities to assist them, and the Mary Joan Breast Cancer Foundation, a support group for patients and their families,



Guest Keynote Speaker Dr Eleanor Walker

which also promotes education and awareness.

Continued on page 8



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Department of Civil Aviation boasts most unique electronic system



Representative of IASO, Jorge Colindres, did a presentation of the new automation system recently acquired by the Department of Civil Aviation. He proudly announced that it was an honor to continue offering the government of Aruba the very best security system for our Civil Aviation.

The system developed by IASO for Civil Aviation is very modern and Aruba happens to be the only country in the world to have this system now. It took two and a half years to develop the extremely secure and dynamic software system.

According to Colindres, their primary goal is to provide opportunities for everyone in the Aruban community

to lect the information and enter this into the system which then comes directly into the system at the Department of Civil Aviation. An inspector logs in using a secure password, then reviews all documents electronically. This means that there is no need for courier services or paper work any more. The file is electronically saved and may also be printed.

Once reviewed by an inspector, he pre-approves the file which can be sent to the



in the aviation industry.

The name of the system is ARMS (Aircraft Registry Management System). Mr. Colindres demonstrated how the system actually works.

From his office they col-

supervisor of the Department of Civil Aviation. This person can then review what the inspector received and also pre-approves this. Once both pre-approvals have been made it is then sent electronically to the Director of the department. When he confirms that everything was approved correctly he adds his approval to the electronic signatures in a secure barcode or hologram. This barcode or hologram ensures that the files are originals and not falsified copies. Anyone with a Smartphone can scan the file and confirm that it is an original without having to call the department in Aruba for confirmation.

Continued on page 3

Minister de Meza visits Free Zone Aruba for evaluation and strategy session



From left to right: Greg Peterson, director of Free Zone Aruba NV, Minister Mike de Meza and Richard Arends, chief of staff of Minister de Meza's bureau.

On Thursday April 12, 2012, Minister of Finance, Communication, Utilities and Energy, Mike de Meza, paid a visit to Free Zone Aruba NV, one of the state owned companies residing under the portfolio of the minister.

Earlier this year Minister de Meza introduced a new free zone policy entailing that services companies could attain an address outside of the free zone compound. This policy eliminates the location restriction of services companies and creates opportunities for use of real estate island wide. Owners of on shore companies, who also have a free zone services' company, could combine these under one roof reducing overhead costs. They could for instance also showcase free zone products at the new location, while the actual movement of goods remains being carried out from within the free zone compound under normal customs supervision.

The minister was interested in the progress made of the implementation of his new policy and strategized at length with

the free zone's director Greg Peterson on further innovation of Aruba's free zone product and the supporting role it could play in the governments' intentions to develop Aruba as a part of the Kingdom of The Netherlands into a Green Gateway, a strategic connection point between Europe and Latin American.

Free Zone Aruba has demonstrated positive growth numbers for ten consecutive years, of which the last four in double digits. In 2011 the growth was 13%.



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Aruba to offer airline registration services at next month's Geneva Convention

ORANJESTAD -- In the context of the Aruba government's goal of registering 200 airlines in Aruba during the coming years, Aruba plans to be represented at one of the largest airline registration Conventions in Geneva. The goal of 200 airline registrations will result in a budgeted income of about 4 to 5 million Florins for Aruba.

The Director of the Department of Civil Aviation is definitely planning on being present, and Minister Otmar Oduber is also making plans to be at this Convention so as to be able to meet with some of the biggest clients of the world in this genre. They will

be displaying the Aruba product.

The government informed that there are numerous registration points around the world, some with a thousand or two thousand aircraft registrations. However, the quality and safety around them doesn't have even 10% of what Aruba has to offer. The government is convinced that because of the high quality and the top security that we have to offer, we can attract world class international clients to register their aircrafts in Aruba. These clients could include presidents and international associations of different genre. These types

of clients are prepared to pay good money, because they know that when their aircrafts are registered here they can enter Europe, the USA and wherever they wish to travel.

In next month's Convention, Aruba will be present not only with the portfolio of aircrafts registered on Aruba, but also with potential investors.

Minister Otmar Oduber is convinced that, in his words.... "Aruba can be expanded through this particular avenue through other future investors to Aruba and it is with this objective that we will be participating in this event next month."

Department of Civil Aviation . . .

Continued from page 2



This system is a tremendous timesaver, especially in view of aircrafts registered in Aruba from around the world with different time zones. This system is very unique for Aruba and is just as safe as having a passport.

One other plus of this system is that it does not matter where in the world an inspector is, he can access the system by opening his computer and have all the files of the Department of Civil Aviation, and

find all the information he needs, input new information which all other members can view immediately.

The Minister remarked that one of the reasons for introducing an electronic system is to improve the service to clients with aircrafts registered in Aruba. This system makes Aruba extremely efficient, effective and highly competitive while maintaining a high level of security and safety.

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Aruba International Film Festival now accepting entries for Aruba Flavor competition 2012

ORANJESTAD -- The 3rd annual Aruba International Film Festival (AIFF) has begun accepting submissions for its 2012 Aruba Flavor competition. As an integral part of the festival's Caribbean Spotlight Series, this competition is designed to showcase the work of talented filmmakers based in Aruba or films produced overseas by Aruban filmmakers.

Films selected to Aruba Flavor will have the opportunity to earn a prestigious award and cash prize plus all-access passes to festival screenings and events.

One of the highlights of last year's festival was the world premiere of two short films from Aruba, 10 Ave Maria by Francisco Pardo and Ryan Oduber, and Muhe Frida by

Alydia Wever and Felix de Rooy. Since participating at AIFF, both films have been selected to a multiple international film festivals throughout the Caribbean. 10 Ave Maria also won the Grand Jury Award for "Best Short Film" at last year's Trinidad & Tobago Film Festival, and continues to screen at festivals throughout 2012.

The Aruba Flavor competition has strict criteria in that submissions must NOT exceed a runtime of 30 minutes and be completed no earlier than January 1, 2010.

Deadline for submissions is May 18, 2012. Full criteria and requirements for entries are available on the AIFF website: <http://www.arubainternationalfilmfestival.com/aif>



f_2012/Aruban Flavor.html
For more information, contact: spotlight@arubafilm.com

Ciclovia coming to San Nicolaas on Sunday



SAN NICOLAAS -- The second Cycling event for the year is scheduled to take place on Sunday, April 15th from the Joe Laveist Sports Park in San Nicolaas. IDEFRE announced that the event will begin at 7:30 in the morning with Mission YMCA. It will continue with Rene Wild's 'Perde pa Gana.' This will be followed by Niruca de Cuba's Zumba session. A bike tour will also be featured and will start at the Joe Laveist Sports Park at 9:00 am and head off to the San Nicolaas district up to the Brazil road, Weg Seroe Blanco, Weg Fontein, to end up at the Pastoor Hendrikstraat at the Sports Park.

IDEFRE advises everyone to wear their bicycle helmets for safety. The minimum age for the bike tour is 8 years.

After the bike tour, the program will continue with Cross Fitter given by Egmond Molina. The final activity will be Irena Croes' Tai Chi session.

The road in front of the Joe Laveist Sports Park will be completely closed to all traffic so that everyone will have the liberty to ride their bikes, skateboard, rollerblades, or to jug. There will also be public games of Pinalti, kickball and street ball. Everyone is expected to come out and participate in an exciting and healthy morning of fellowship and activities from 7:00 to 12 noon at the Joe Laveist Sports Park.

For more information, contact face book: www.facebook.com/ciclovíaaruba or call IDEFRE at Tel. 582-4987.

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Honoring at La Cabana Beach & Racquet Club



Recently Mr. Albert E. Horn and Mrs. Ellin S. Horn were honored as Goodwill Ambassador of Aruba, after returning to Aruba for 24 years consecutive. The symbolic honorary title is presented in the name of the Minister of Tourism as a token of appreciation to guest who visit Aruba for between 10 and 20 years consecutive. The honorees are members of La Cabana Club and have been enjoying the Island every year. Ms. Darline S. de Cuba, representing Aruba Tourism Authority, and Mrs. Sharline Charles conducted the ceremony at La Cabana Beach & Racquet Club. The main reason, they say, they return to Aruba is because they consider Aruba to be the Happy Island, with great weather, beautiful white sand beaches and diverse local food.

A home-grown fast food franchise with island favorites the specialty: Marky Bee's

Island entrepreneur and media maven Mark Benson Denz welcome family and friends for the gala opening of his newest innovative concept: a uniquely Aruban "fast food" franchise offering traditional island dishes in a clean, modern setting, at very reasonable prices.

"Markey Bee's," named for its founder and located in the Kalalu Plaza Mall in Tanki Leendert, was literally stopping traffic on Thursday evening as Mark and his grandmother Clothilde cut the ribbon and invited all guest to test the criollo menu.

A star system of selecting the number of dishes one wishes to consume decides the price. Combination meals can be anywhere from 12 Aruban florins, (\$6.90) to 19 florins for a 5* meal, (\$10.85).

A soft-drink machine is set up for free refills and beer is also available.



Oma Clothilde cuts the ribbon



Mark with his father, mother and son



Cafeteria style service

The menu includes such tempting choices as "Chicken Delight," "Porkloin Apple Sensation," kibbling (crispy fried fish bits), chicken wings and the special of the day, which can be combined with island favorites such as Bami Goreng, plantain and fried rice, mac and cheese, funchi, red skin potatoes, coleslaw; the list goes on. Fresh salads are also on the menu, which can be garnished with a selection from the main course menu.

Mark expressed the hope to see this hybrid restaurant of traditional island food combined with the fast service and

hygienic standards demanded by today's discerning diner to become the island's first home-grown franchise, with more Marky Bee's opening around the island, eventually. Those interested in purchasing a franchise license can contact the restaurateur through their website: www.markybees.com.

Marky Bee's is open for lunch and dinner from 11:00 AM until 10:00 PM, 7 days a week. Orders can also be delivered or placed in advance by of calling 587-8282 or visiting the website www.mitinhamber.com and ordering online.

by Rosalie Klein



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TUESDAY AND FRIDAY: LIVE MUSIC

International News

Obama takes tough stand ahead of Americas summit

CARTAGENA (AFP) - US President Barack Obama took a tough line on the contentious issues of narcotics control and Cuba ahead of his arrival in Colombia Friday for summit talks with his peers from across the Americas.

Before leaving Washington, Obama made clear in an interview with the Grupo de Diarios America, an association of leading Latin American newspapers, that he rejects the idea of decriminalizing drugs as proposed by some Central American leaders.

On Cuba, he insisted that Havana authorities "have shown no interest in changing their relationship with the United States, nor any willingness to respect the democratic

and human rights of the Cuban people."

The twin issues -- the pros and cons of drug legalization and Cuba's continued exclusion from the summit -- were expected to dominate the agenda of the two-day Summit of the Americas, highlighting the growing disconnect between Washington and an increasingly assertive and independent Latin American bloc led by powerhouse Brazil.

All democratically elected leaders of the Western Hemisphere except Ecuadorian President Rafael Correa are to attend the Cartagena gathering, with the official theme being: "Connecting the Americas: Partners for Prosperity."

Some Central American lead-

ers, reeling from 20,000 murders linked to cocaine cartels in their region last year, plan to push for drug decriminalization.

But he said Washington would not "legalize or decriminalize drugs because doing so would have serious negative consequences in all our countries in terms of public health and safety."

He added that legalizing or decriminalizing drugs "would not eliminate the danger posed by transnational organized crime."

Obama was also expected to hear complaints of US neglect of Latin America, which has been buoyed by rapid economic growth and economic integration, and is seeking a more balanced partnership.

Cuba to remove foreign travel restrictions for citizens

HAVANA (AFP) - The Cuban government plans to remove many of the restrictions that have prevented its citizens from traveling abroad for decades, National Assembly president Ricardo Alarcon said in an interview published Friday.

Alarcon said Cuba is "working towards a profound radical reform of emigration."

He gave few details in an interview with digital media's Huffington Post but did say it was a priority issue for the government.

Alarcon said "emigration has been one of the themes most manipulated by the United States. Since 1959, it has been used as a weapon of destabilization against Cuba and as a means of distorting Cuban reality."

Cuba has imposed the travel restrictions for a half-century but they have not pre-

vented thousands of its citizens from emigrating illegally each year, sometimes in dangerous sea voyages using rickety boats.

Since 1966, the US government has granted Cubans automatic residence if they can reach the United States.

To travel abroad legally, Cubans need a permit that is valid for 30 days. It can be extended 10 times, after which they must return to Cuba or lose the right to reside in their own country.

The formalities to get the required visas and permits often are accompanied by different fees that make travel abroad unaffordable for many Cubans, whose average monthly salary is less than \$20.

Nevertheless, more than 30,000 Cubans immigrate legally each year.

Cuban President Raul Castro announced last summer the

government was planning immigration reforms that would be introduced gradually.

"There is yet another explanation for these restrictions: the need to protect our human capital," Alarcon said. "The training of doctors, technicians, teachers, etc. is extremely costly for Cuba and the United States is doing its best to deprive us of these human resources."

Alarcon said the reform also would benefit Cubans who left their country and need permits to return. They do not have the same "profile" as Cubans who left their home country in the first years of communist rule, he said.

In addition to being president of the Cuban National Assembly since 1992, Alarcon is a member of the political bureau of the Cuban Communist Party.

Syrians demonstrate to test ceasefire, 5 killed



DAMASCUS (AFP) - Thousands of Syrians marched on Friday to test the regime's commitment to a UN-backed peace plan, and the fragile two-day old ceasefire was again shaken when security forces killed eight civilians.

The hard-won truce to end a 13-month crackdown on dissent that has cost an estimated more than 10,000 lives appeared to be holding, but French President Nicolas Sarkozy said he did not expect it to last. He questioned President Bashar al-Assad's sincerity and appealed for observers to monitor his compliance.

UN-Arab League peace envoy Kofi Annan, who brokered the ceasefire, urged Syria to allow humanitarian access to deliver aid.

Protesters rallied in the Qadam and Assali districts of Damascus, while other demonstrations took place in Irbin and Bibla outside the capital, according to videos posted on the Internet.

The Syrian Observatory for Human Rights said demonstrations were organised across the

country, with tens of thousands taking to the street, mostly after the main weekly Muslim prayers.

Sporadic clashes broke out between troops and rebels at Khirbet al-Joz on the border with Turkey, the Observatory said.

Violence on Thursday killed at least 10 people, including seven civilians, and wounded dozens more.

Even so, the toll is markedly lower than in recent weeks, when there have often been scores of people killed on a daily basis.

After the ceasefire came into force at dawn on Thursday, Annan declared he was "encouraged by reports that the situation in Syria is relatively calm and that the cessation of hostilities appears to be holding."

The plan, to which Damascus has committed itself, calls for the withdrawal of forces from urban areas, the release of arbitrarily detained people, freedom of movement for journalists and the right to demonstrate.

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Peru urges patience in kidnap rescue

LIMA (AFP) - The Peruvian government on Friday asked relatives of 36 kidnapped construction company workers to trust it to free them from leftist guerrillas demanding a \$10 million ransom.

Peruvian police and soldiers are "quietly" coordinating to free the hostages, Justice Minister Juan Jimenez told Canal N television, adding that "a democratic state like Peru does not negotiate with terrorist criminals."

"What the families of the kidnap victims must do is trust the authorities, because they are doing the right thing," he added.

The Swedish company Skanska and Peruvian firm Construcciones Modulares have called for the "speedy and safe release" of its employees who were kidnapped Monday in the Cuzco region of south-eastern Peru.

On Thursday, President Ollanta Humala said the authorities were hoping to get the workers back to safety "in very short order," without making a ransom payment.

Some 1,500 troops have been deployed to cordon off the remote jungle region where the Shining Path rebel group are believed to be holding the hostages.

Of the abducted workers, 28 belong to Skanska and eight to Construcciones Modulares. The companies provide services to the international consortium that operates the Camisea gas fields, the largest in Peru.

The government has established a state of emergency in the area for 60 days, with the suspension of certain individual rights, such as the inviolability of homes and the right of assembly.

Authorities sent their condolences to the family of police captain Nancy Flores, who died of a gunshot wound to the chest Thursday when she was taking part in the search for the 70 guerrillas who kidnapped the workers. The attack also wounded a police officer and a civilian.

The leftist Shining Path was largely dismantled when its leaders were captured in the mid-1990s, but not before a conflict that left some 70,000 people dead, according to Peru's Truth and Reconciliation Commission.

However, remnants of the guerrilla group still operate in remote regions of the country.

WASHINGTON (AFP) - The United States confirmed on Friday it would not go forward with an already suspended deal to send food aid to North Korea, following Pyongyang's failed rocket launch.

"Their efforts to launch a missile clearly demonstrate that they could not be trusted to keep their commitments," US deputy national security

advisor Ben Rhodes said aboard Air Force One.

"Therefore we are not going forward with an agreement to provide them with any assistance."

The deal to provide food aid to impoverished North Koreans in return for a moratorium on missile launches had effectively been in limbo for weeks, as the Stalinist state made plans to launch the

rocket.

Secretary of State Hillary Clinton also signaled that the food aid deal was off on Thursday ahead of the launch.

Rhodes also said that Washington would look at additional sanctions against North Korea if it continued its provocations.

And he admitted that Washington was concerned

that Pyongyang was prone to "provocative" patterns of behavior including missile tests and other challenges to the international community.

Following the failed rocket test, some experts have said that young leader Kim Jong-Un may now feel extra pressure to demonstrate the hermit state's prestige with a new nuclear test.

Health & Living

WCA of Aruba conducts lecture on common cancers

Continued from page 1



Lily Prins of the Cancer Fond, Rubia Maduro pres WCA



Dr Timothy Peterson

The three-hour seminar imparted an enormous amount of information. Dr. Walker discussed the current statistics for breast cancer, the most common form among women, and prostate cancer, which is most common for men; however, it is lung cancer that is the greatest killer with no regard to gender, and heart disease outdistances them all as the #1 cause of death. In 2008 there were an estimated 12.7 cases of cancer diagnosed around the world with 7.6 million deaths; by 2030 they expect 21.4 million new cases and 13.2 million deaths, presently, it accounts for 1 of 8 deaths around the world, more than HIV/ AIDS, tuberculosis and malaria, combined. 60% of these deaths occur in lower income countries without access to more sophisticated treatments.

A topographical map did reveal that occurrence of breast and prostate cancer is more frequent in the technologically developed countries, which sparks speculation on the lifestyle and exposure to pollutants in considering causes. It is acknowledged that diets high in fats, animal proteins

and process foods heavy with sugars and chemicals certainly contribute to the incidence, as it does to other serious, chronic ailments such as heart disease and diabetes.

Genetic inheritance also plays a large part; certain groups, such as those with African roots and Ashkenazi Jewish women appear to be at greater risk, if breast cancer has already appeared in the family tree in also greatly increases the possibility of developing the disease. Such women should begin at an early age a routine of more emphatic testing beyond monthly breast examinations.

The encouraging news is the cancer death rate in men and women has decreased by 22.9% and 15.3% over the past ten years, which can be credited not only to more efficient treatment, but awareness and the practice of regular examinations to catch cancer in the early stages, when it is more easily cured.

Though cancer mortality in the Caribbean is generally lower, it should be noted that Aruba has an exceptionally high rate of incidence. Dr. Peterson related statistics for in-

cidence around the world, the lowest being in Asia, of 20 to 40 cases annually diagnosed per 100,000 women, to a high in the U.S. 100-120 cases annually, Aruba, which has a female population of approximately 55,000 of which at least 20% have not begun menstruation, which takes them out of the target group, has an incidence rate of 80 per year, giving the island a rate of 178 cases of breast cancer per 100,000; way above other countries.

Dr. Peterson's presentation was quite enlightening, but also graphic and sobering, as he presented the results of women who waited until the extreme late stages before seeking medical help. Their conditions were not only obvious, but must have at that point become quite painful and disabling, prompting him to ponder "why are these women so afraid of us? We are only there to help...we must really address this issue."

One of the ways Aruba has addressed it is the Mammopoli consortium working out of the Dr. Horacio E. Oduber Hospital; surgeons, oncologists, therapists, diagnostic technicians and hospice care personnel working together to expedite the diagnosis and treatment of breast cancer patients, with follow up and counseling.

The audience was reminded that a very commonly heard phrase, "1 in 8 women will develop breast cancer" should be modified to include the qualitative words "Women OVER 70." Incidence in women ages 20 to 29 are 1 in 2000, with aging increases the chances, as well as genetic disposition and family history. However, Dr. Walker reminded the group that by the year 2040, it is expected that a major portion of the population of the U.S. will be women in that age group.

Both Dr. Walker and Dr. Peterson cited obesity, poor eating habits and lack of exercise contributing to cancer and other deadly chronic diseases, which related to Dr. Croes' talk of adapting a healthier, holistic lifestyle which considers the balance between physical and spiritual for good health, and proper attention is needed to each aspect for their mutual benefit. A good physical workout imparts a feeling of well being and helps to relieve stress. Proper nutrition, with the consumption of clean, organic fruits and vegetables will cleanse the system and increase energy; all of this is



Committee member Maria Therese and daughter Joycelyn Croes.



Mili Henriquez of WCA and Lorna Jansen Varlack moderator.

backed up with scientific research. The traditional Aruban diet, in particular, which is heavy in fried foods and starches, could be contributing to the inordinately high incidence of breast cancer on the island.

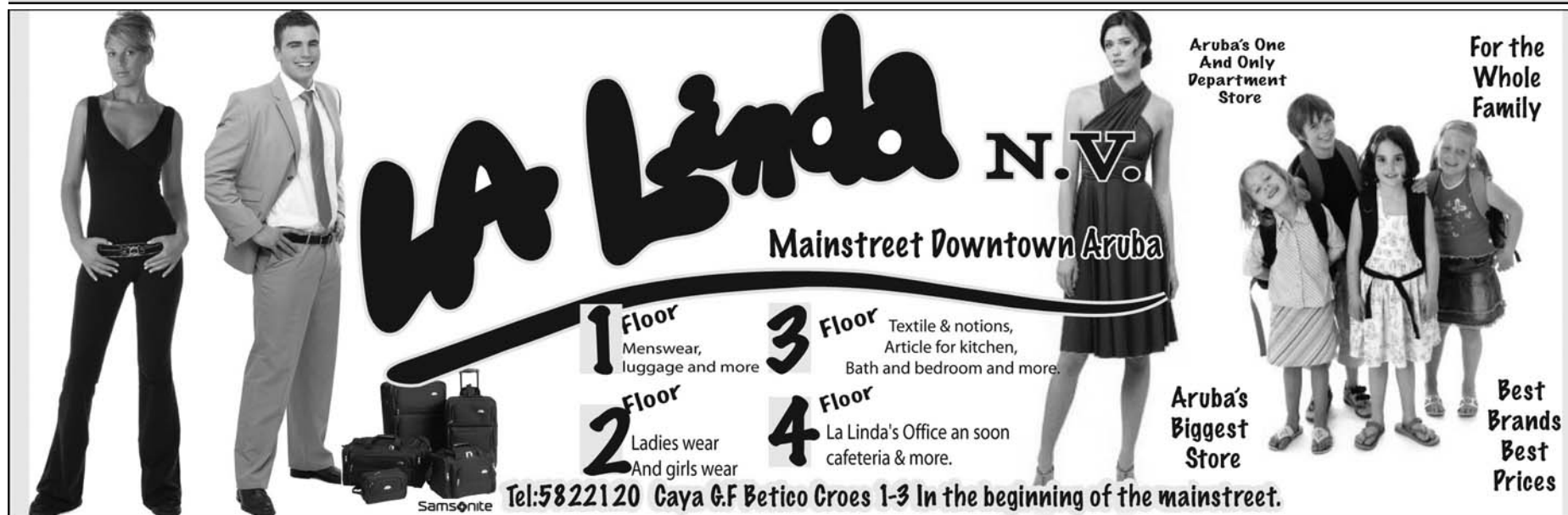
In closing, Dr. Walker discussed what is called "Integrative Therapies" and related some surprising statistics in the effectiveness of acupuncture and traditional Chinese Medicine in the treatment of cancer patients. Clinical studies over twelve weeks found acupuncture not only equally effective in relieving pain, stress and vasomotor symptoms of victims as compared to a test drug Venlafaxine, but once the treatments were stopped in both cases, the beneficial effects of the acupuncture lasted far longer, as well as demonstrating in many cases the added perk of increased libido, which is commonly reduced among cancer patients.

Proven results has led her and her team to the conclusion that Complementary and Alternative Medicine, or CAM, cannot be wholly discounted, and doctors have to make the effort to become educated regarding these therapies. A program that deploys both proven clinical methods and CAM –

Integrated Therapies, should be considered by those treating cancer, with careful attention to treatments, such as acupuncture, which have shown to be truly effective in giving comfort, and proper skepticism for those that have no concrete testing or results. These often drain the financial resources of patients seeking any solution. Those treating cancer patients understand the appeal, as they give the patient a semblance of some control over their situation and make them feel empowered in their treatment or cure, but this may not be so. 80 to 85% of breast cancer patients are using some sort of CAM, being it herbal supplements (which are not regulated by the FDA) or physical therapies, which are unproven, and spending over \$20 billion dollars annually out of pocket on such therapies, which also makes it big business.

The Sina pa Bo Biba program continues today at the IMSAN center in San Nicolas with free demonstration of how to properly perform breast self-examinations from 10:00 to 3:00 PM. This will be repeated on Saturday, April 21 at the Dr. Horacio E. Oduber Hospital.

by Rosalie Klein



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Samsonite



CZECH REPUBLIC, PRAGUE : Visitors look at a pre-served human body during the "Human Body" exhibition on April 12, 2012 in Prague. The exhibition consists of specimens of human beings, human muscle, the nervous system and the circulatory system, where the tissues were preserved through a process called "polymer preservation."

AFP PHOTO

Sci-Tech

Rising Pacific seas linked to climate change

SYDNEY (AFP) - Sea levels in the southwest Pacific started rising drastically in the 1880s, with a notable peak in the 1990s thought to be linked to human-induced climate change, according to a new study.

The research, which examined sediment core samples taken from salt marshes in southern Australia's Tasmania island, used geochemistry to establish a chronology of sea level changes over the past 200 years.

Patrick Moss, from the University of Queensland, said major environmental events which impacted the ocean such as the introduction of unleaded petrol and nuclear tests, showed up in the samples and were used for dating.

The chronology revealed a major jump in sea levels around 1880 after 6,000 years of relative stability, Moss said, with peaks in the 1910s and 1990s -- the latter of which appeared to be linked to human activity.

The first peak coincided with an end to what was known as the Little Ice Age, "a 500 or so year period of slightly cooler conditions that ended roughly around 1850" and saw glaciers around the world retreat.

Sea levels in the southwest Pacific rose at four times the average 20th-century rate between 1900 and 1950, according to the study.

That was followed by a period of "relative quiet" broken by a second spike in 1990 which saw sea levels rise at a rate that defied projections.

The study, which also involved researchers from Britain and New Zealand and was published in the journal "Earth and Planetary Science Letters", found that sea levels had risen much more in the

southwest Pacific than elsewhere.

Moss said a large ice melt was like a "fingerprint" which could be tracked across the Earth's surface, and the study had determined that the water which had caused the rising Pacific sea levels had come from the northern hemisphere.

The Arctic's Greenland ice sheet looked to be the primary source, along with "mountain glaciers in Alaska, western North America and the Canadian Arctic," he said.

Most scientists have until now said the sea level rise in recent decades is due to thermal expansion, the expansion of water due to heating, and from glacier melt and there is much debate as to how much Greenland is melting.

Some pro-melt research indicates the run-off is quite recent and probably contributes only about half of the current sea level rise, but Moss suggests the melt began long ago and began to affect sea levels as much as two decades ago.



South Korean people watch a TV screen showing a graphic as it reports North Korea's rocket launch at a train station in Seoul on April 13, 2012. North Korea launched a long-range rocket that appears to have disintegrated soon after blastoff and fallen into the ocean, South Korean and Japanese authorities said. As North Korea said its satellite had failed to enter its preset orbit, as the launch sparked international condemnation. The North's admission of failure marked a departure from its past. It has insisted that two previous attempts in 1998 and 2009 to put satellites into orbit succeeded even though both clearly failed. The rocket exploded mid-air about one or two minutes after its launch Friday morning from the northwestern county of Tongchang-ri, splashing down in the Yellow Sea off South Korea, Seoul's defence ministry said.

AFP PHOTO



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COMICS

PICKLES



MOMMA



CALVIN and HOBBS



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ACROSS

1. List ender
4. Swiss peak
7. Tachometer letters
10. Angelic
12. Yankee Gehrig
13. Javier's house
14. "___ with the Wind"
15. Pounds (abbr.)
16. "Miss ___ Regrets"
17. Hint
19. Sewn edge
21. Devoutness
23. Chicks' chirps
26. PGA nickname
27. ___ Galahad
28. ___ loss (2 wds.)
30. British elevator
31. Rooster's lady friend
32. Persons
33. Charge
34. Deception
35. Edge
36. Exhaust
38. Dance club, for short
39. FDR's successor
40. "Here ___ again!" (2 wds.)
41. Puerto ___
44. Co. abbr.
46. Little ___
50. Tennis player Roddick

51. Born as
52. "Peter Pan" pirate
53. Gridiron measures (abbr.)
54. Freon, e.g.
55. Embroider

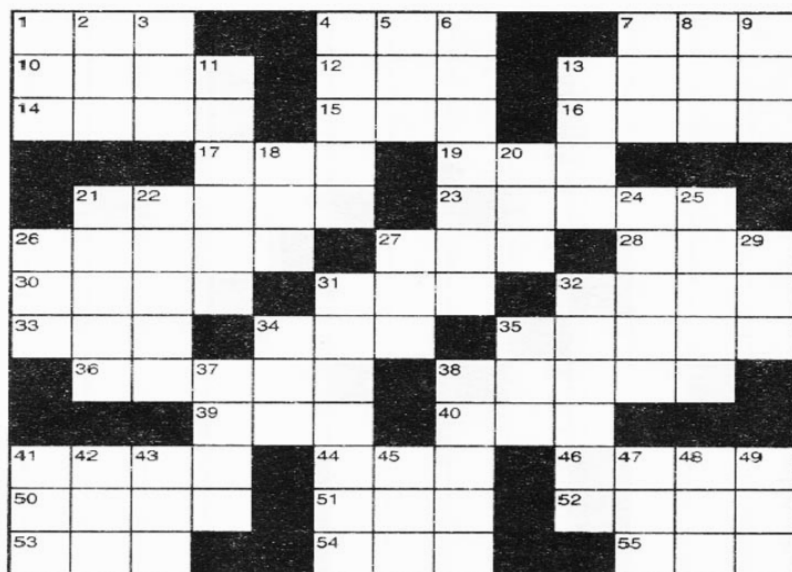
DOWN

1. Poached ___
2. Overly
3. Argument against
4. "Gasoline ___"
5. Tennis hit
6. Tack's cousin
7. Barn pest
8. "___ Love You" (2 wds.)

9. Mothers
11. Chicanery
13. "Lover ___ Back"
18. Southwestern Indian
20. Always, in verse
21. Opened with difficulty
22. Deduce
24. Unreasoning fear
25. Note taker, for short
26. Politician Landon
27. Call on
29. Inquire
31. Dropping

clues

32. Actor Welles et al.
34. Fleur-de-___
35. Immense
37. Nautical greeting
38. Chops into cubes
41. Gamma ___
42. Not Dem. or Rep.
43. Certain investments (abbr.)
45. Teachers' gp.
47. Dorothy's aunt et al.
48. Actor ___ Majors
49. Actor Ayres



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Horacio Oduber Hospital
Tel. 5274000

EMERGENCY

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POLICE HDQS
Telephone 100

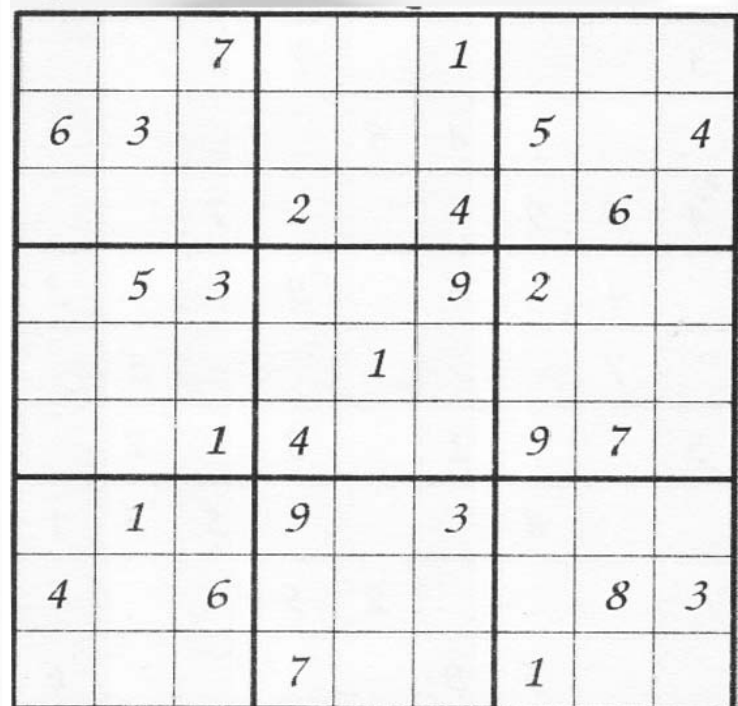
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Sudoku



SOLUTION

6	5	1	9	4	8	2	3	7
3	8	7	5	2	1	9	6	4
9	2	4	3	8	6	5	1	7
5	7	6	8	3	4	1	9	2
8	9	2	1	5	7	4	6	3
1	4	3	6	2	9	5	8	7
7	9	5	4	1	3	6	8	2
4	1	5	2	6	8	3	7	9
2	6	8	1	9	7	4	5	3

Complete the grid so that every row and every column contains the numbers 1 through 9. A number is Never repeated in a row or column. In addition every rectangle must contain the numbers 1 through 9

Finance

Colombian pulls out World Bank race



This combination photo shows (L-R) Colombian Jose Antonio Ocampo, Nigeria's Finance Minister Ngozi Okonjo-Iweala and Dartmouth College President Jim Yong Kim in Washington, DC, in a March 23, 2012 file photo. (AFP PHOTO)

BOGOTA (AFP) - Colombian economist Jose Antonio Ocampo withdrew yesterday from the race to lead the World Bank, calling the process a "political exercise" unrelated to candidate merits, Colombian media reported.

The former Colombian finance minister also blamed lack of formal support from his own government, saying that had hindered his ability to garner the backing of other countries, according to a statement published by the Colombian media.

"It is clear that this is not based on the merits of the candidates but is a political exercise," he said in the statement, referring to the widespread expectation that the US candidate

would be chosen.

"In this I am at a disadvantage by the lack of support from my own government and how this has prevented me from garnering political support for my candidacy."

Ocampo, currently professor at Columbia University in New York and always considered a dark horse in the three-way race, said he would give his support to Nigeria's finance minister, Ngozi Okonjo-Iweala "to facilitate the desired unity of the emerging and developing economies around one candidate."

But US-nominated Jim Yong Kim, a Korean-American health specialist and university president, is expected to easily gain the post with the

overwhelming backing of the Bank's largest shareholders, the United States, and Japan and the European bloc.

By tacit agreement with the Europeans dating to the founding of the World Bank and International Monetary Fund in 1944, Washington chooses the Bank's head, and has always chosen an American.

This year, though, for the first time that tradition has met a challenge with the nominations of Ocampo and Okonjo-Iweala.

After having interviewed all three candidates this week, Bank directors are expected to decide next week on who will replace outgoing President Robert Zoellick.

Colombian leader signs free-trade pact with US

CARTAGENA - Colombian President Juan Manuel Santos yesterday signed a law approving the free-trade agreement with the United States, bringing to fruition a 20-year effort to boost bilateral ties.

US President Barack Obama signed the pact in October after a long battle with the US Congress amid concerns about on labor rights and security in the

South American country.

After 20 years in search of a trade deal with the United States, "we finally passed the American trade agreement... and today we can say that everything is clear for its implementation," Santos said in a ceremony attended by over 500 businessmen ahead of the opening of the Summit of the Americas.

Santos, scheduled to meet Obama today, said he hoped to announce a precise date at that time for implementation.

The government of Colombia estimates that implementation of pact will promote the creation of half a million jobs in five years, will increase output by one percent and lift 1.2 million Colombians out of poverty.

Yesterday afternoon US President Barack Obama landed in Cartagena to attend summit talks with his peers from across the Americas on

drugs, Cuba, the Falklands and regional integration.

Before leaving Washington, Obama made clear in an interview with the Grupo de Diarios America, an association of leading Latin American newspapers, that he rejects the idea of decriminalizing drugs as proposed by some Central American leaders.

The discussion on drug policy at Cartagena isn't taking place in a vacuum, and there is at least one issue where the US finds itself at odds with its host and most of the region: Cuba. The US has once again insisted that Cuba not be allowed to attend the summit, and President Santos reluctantly acceded, but the whole affair leaves a sour taste in the mouth of Latin Americans. Ecuadorian President Correa is not coming because of the snub, and the issue only plays into hemispheric discontent with Washington's war on drugs.

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S&P confirms top AAA rating for Britain

LONDON (AFP) - Standard & Poor's rating agency yesterday confirmed its top AAA long-term credit rating for Britain and maintained a stable outlook for the country that is not a member of the eurozone.

"Standard & Poor's Ratings Services affirmed its 'AAA' long-term and 'A-1+' short-term unsolicited sovereign credit ratings on the United Kingdom. The outlook remains stable," it said in a statement.

It said that the ratings reflect Britain's "wealthy and diversified economy, fiscal and monetary policy flexibility, and adaptable product and labour markets."

S&P added that it believes "the UK government maintains a strong commitment to implementing its fiscal mandate, and has the ability and willingness to respond rapidly to economic challenges."

Britain's finance minister welcomed the confirmation of its top rating, which is important to attract placements from

pension and investment funds and affects a nation's borrowing costs. "This is a reminder that Britain is weathering the international debt storms because of the policies we have adopted and stuck to in tough times," said Chancellor of the Exchequer George Osborne.

"The budget showed we are ready to go on making the difficult decisions that are keeping our country safe," he added.

Last month Osborne presented a budget which cuts taxes on businesses and top earners in a bid to spur growth and virtually wipe out its budget deficit by 2017.

The other two top ratings agencies, Moody's and Fitch, put Britain on watch for a possible ratings downgrade earlier this year warning that given its high debt it would have difficulty weathering any further shocks, particularly from its main trading partner the eurozone.



YESTERDAY'S Crossword Answer



Current as of:	Currency	Buying	Buying	Selling
04/13/2012	Code	rate	Cheques	Rate
		banknotes		
U.S.A.	USD	1.77	1.78	1.80
Dutch Antilles	ANG	98.00	100.00	100.20
Canada	CAD	1.77	1.79	1.81
Britain	GBP	2.77	2.82	2.88
Switzerland	CHF	194.73	195.45	196.25
Netherlands	EUR	232.05	234.17	236.53
Sweden	SEK	25.34	26.06	26.86
Denmark	DKK	30.52	31.24	32.04
Norway	NOK	29.85	30.57	31.37
Japan	JPY	217.91	219.90	222.11
(per 100)				
All rates for amounts up to AWG 100.00 per item.				

Historic black theater rises from the ashes in Washington



(From L-R) Pianist Joe Sample, bassist Christian McBride, actor-comedian Bill Cosby, trumpet player Christian Scott, tenor saxophonist Jimmy Heath, and musical director George Duke perform on stage during the opening gala of the historic Howard Theater in Washington, DC on April 12, 2012. AFP PHOTO

WASHINGTON (AFP) - Ella Fitzgerald has given concerts there. So have Sarah Vaughn, Aretha Franklin, Duke Ellington, James Brown, and Miles Davis.

The Howard Theatre, the first concert hall for blacks, is reborn this week from its ashes, more than a century after it opened in Washington DC.

Closed for 32 years, this historic landmark opens its doors Thursday evening with a gala celebrating the "renaissance" of a theatrical venue with mythical status for the black community in the United States.

When it first opened on August 22, 1910, dubbed "black Broadway" 24 years before the Apollo Theatre in Harlem, the Howard Theatre proclaimed itself the "the biggest concert hall in the world for people of color."

It was "a time of great and violent discrimination against black people in America, the period when black people who were tremendous performers could not perform in all white theaters so they founded their own theaters," said Bernard

Demczuk, a professor of African American history at George Washington University.

The Howard Theatre was "the first and the most glorious" of the black theaters, he said, adding that it became "the black voice, the new Negro movement."

"This new Negro movement was giving voice to black aspirations, to social and political justice, through the performing arts," he told AFP.

"Howard was the premiere place in which black voices found a receptive audience."

With 1,200 seats and a facade of both neo-classical and Italian renaissance inspiration, the theater will be a venue for several dozen performances a year, spanning jazz, blues, rock, plays and amateur contests.

The theater launched the careers of many of the greats of black American music -- including Duke Ellington, Ella Fitzgerald, Marvin Gaye and the Supremes, according to the theater.

In the 1930s, its director decided to hold amateur nights. Ella Fitzgerald was one of the

winners.

The Howard's audiences, which from the theater's earliest days were racially and socially mixed, also heard Sammy Davis Jr, Lionel Hampton, and Dizzie Gillespie.

Franklin Delano Roosevelt, president from 1933 to 1945 through much of the Depression and World War II, came with his wife Eleanor, said Demczuk.

The theater went into a period of decline after riots gutted sections of Washington's downtown in 1968 after the assassination of civil rights leader Martin Luther King, and it closed in 1970.

That was followed by a series of reopenings and closings before the building, seemingly shuttered for good in the 1980s, fell into ruin.

But about \$29 million worth of restoration work, raised from private and public sources, have returned the building to its former splendor, with the original facade pierced by 17 windows.

The concert hall's interior, surmounted by a balcony, has been redesigned to hold 650 tables which can be rapidly removed to make room for the 1,100 people expected at the debut.

The schedule for the coming weeks, put together by the Blue Note Entertainment Group, includes performances over the coming weeks by Chuck Berry, Jerry Lee Lewis and John Clegg, as well as shows featuring gospel and flamenco.



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RIO DE JANEIRO - The Confraria del Garoto (Boy's Brotherhood in Portuguese, a group of senior citizens who play pranks every Friday 13th) presents 22-year old Delis Cris (C) atop a ladder, naming her the first and only Miss Friday 13th in downtown Rio de Janeiro, Brazil on April 13, 2012. The group presented Cris at 13.13 hs on April 13 to celebrate Friday 13th, which in Brazil -unlike most Western cultures- is considered to be a lucky day.

AFP PHOTO



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morning "Kaffie Klatch" and triple points when using their membership cards.



Cool Casino is a great place to learn to understand such table games as Craps and Roulette, as they offer free instructions and minimums for beginners with which anyone can have fun and feel very comfortable. High-stakes tables and a major weekly blackjack tournament will

keep veteran high-rollers happy, as well as periodic special events that attract an international crowd; stop by and check their schedule.

Add to all this free drinks while testing the slots or trying your hand at the tables, and the opportunity to enjoy exclusive pay-per-view major sporting events at one of their dozens of plasma screens, and you can understand why loyal patrons find Cool Casino THE fun place to play. Slot machines are open from 10:00 AM until 4:00 AM daily, and gaming tables open at 5:00 PM; ask for their schedule of special events and bonuses, as there are so many choose from, but every day offers something to get the adrenaline flowing!



Parents Guide to Skin Protection



It's important to protect your children's skin from the damaging effects of the sun. No matter what they're doing or what time of year it is, if they are outdoors, they need to be protected.

Aruba is one of the places in the world where the sun is the strongest. Located only 12.5 degrees north of the equator, the sun shines with maximum strength and penetrates the atmosphere with a maximum amount of UV rays. What most people don't know on water and sand, which means that even in the shade you need protection.

Protecting the skin from the sun during childhood and adolescence is important in reducing cancer risks later in life. By building safe sun habits into your family's daily routine, you will make your children understand and get used to being protected against the sun and they will become more

-- can't see through when held up to light.

- Cover up with Hats. Choose hats that shade your child's face, neck and ears.

- Apply Sunscreen every day on skin that is not protected by clothing or a hat. Choose a sunscreen with a high Sun Protection Factor (SPF) such as Aruba Aloe's Waterproof SPF 30 sunscreen for maximum protection. For babies and children under 2 years old, make sure to use a special sunscreen that gives extra protection for the sensitive skin such as "Waterproof Babies SPF 30" from Aruba Aloe. Remember to reapply after swimming, sweating or toweling dry if you use a sunscreen that is not waterproof.

- Use sunscreen even on



hazy or overcast days.

- Keep an extra bottle of sunscreen in the car.

- Pack a bottle of sunscreen in your child's bag.

- Use Sunglasses that block UV rays and protect the eyes and the surrounding tender skin.

- Play in the Shade. The sun's rays are generally strongest from 10 a.m. to 4 p.m. If your children are outdoors, make sure their skin is protected.

- Teach your children the shadow rule. When outside, if your shadow is shorter than you are, it means that the sun is high in the sky and the UV rays are most intense.

- Protect children younger than 6 months of age with clothing and keep them in the shade.

For more advice on how to best protect your and your children's skin against the sun, please call Aruba Aloe: 588-3222 or visit the website www.ArubaAloe.com

Aruba Aloe products are available at most hotels, supermarkets, pharmacies and the Aruba Aloe Stores.



aware of the harmful effects it can have to their skin. Parents should take the lead by giving the good example; children will respond better when they see their parents protecting their skin as well.

Important recommendations:

- Wear protective clothing when out in the sun. Choose shirts and slacks made of tightly woven fabrics that you

SPORTS

Boxing: Unbeaten Mares hopes to end Morel comeback bid

LOS ANGELES (AFP) - Eric Morel has adopted a now or never attitude in his bid to become a world champion for the first time in more than eight years. Unbeaten Abner Mares wants to make sure it's never.

The two former world champions meet on April 21 at El Paso, Texas, for the World Boxing Council super bantamweight crown vacated by Japan's Toshiaki Nishioka after he could not get a fight with Filipino star Nonito Donaire.

"If he wants to come back and try to win back the title, I'm ready to fight him," Mares said.

Puerto Rico's Morel, 46-2 with 23 knockouts, has won 11 fights in a row since losing to Martin Castillo of Mexico for

the World Boxing Association super flyweight title in 2005 after losing the same title in 2003.

At 36, Morel knows he cannot afford another setback in his bid to return to the world throne.

"My preparation for this fight has been the best. Basically this is it," he said. "It's do or die for me. I guarantee you age is not catching up with me -- 36 is nothing but a number. I'm in great shape. My feet are still there. My speed is just tremendous. I still have great power. I feel like nothing is going to stop me."

Mexico's Mares, 26, has yet to be stopped himself at 23-0 with one drawn and 13 knockouts.

"I can't wait to become a

world champion in my second weight class," Mares said. "I'm not training any different because he's 36. I'm not looking at numbers. It's another opponent, another fight, and I have to train my best."

"I expect a tough fight. I know what I'm getting myself into. It's a big step-up fight for him. He's basically trying to make a comeback. He's going to fight hard. But I train hard too and I'm ready for him."

Panama's Anselmo Moreno, 32-2 with one drawn and 11 knockouts, will defend his WBA bantamweight crown against Mexico's David de la Mora, 24-1 with 17 knockouts, on the same card.

Southpaw Moreno, who has won 26 fights in a row over the past 9 1/2 years, will make his 10th defense of the crown he won in 2008.

Athletics: Bolt launches 2012 season at Kingston

KINGSTON (AFP) - Reigning Olympic double sprint champion Usain Bolt will launch his 2012 season at the University of Technology Classics at the Jamaican National Stadium in Kingston today. Bolt will run the 4x100 on a powerful Racers team that will face rival MVP with both at full strength.

World 100- and 200-meter record-holder Bolt was announced at two meets earlier this season but withdrew for unknown reasons.

Glen Mills, Bolt's coach, confirmed to AFP that the sprint star will finally open his run-up to the London Olympics this weekend.

The 4x100m relay has been dubbed the biggest clash so far this season for Jamaica, which hopes for another triumphant Olympic sprint effort against the best of the United States as it enjoyed in Beijing four years ago.

Kimmari Roach is expected to lead off to reigning world 100m champion Yohan Blake with Mario Forsythe third and

Bolt as anchor for Racers. All except Roach have run under 10 seconds at the distance.

Former world 100m record holder Asafa Powell is expected to lead off for MVP and hand to Michael Frater on the backstretch with Nesta Carter on the curve and maybe Britain's Dwain Chambers on anchor.

Blake will also run the 100m while Powell will start in the men's 200m.

Several other of Jamaica's high profile names will run including Olympic 100m champion Shelly-Ann Fraser-Pryce, Brigitte Foster-Hylton, Kaliese Spencer and Olympic 400m hurdles champion Melanie Walker.

Athletics: Olympic hope Pistorius into S.African 400m final

PORT ELIZABETH (AFP) - Double amputee Oscar Pistorius reached the South African national championships 400m final at wind-swept Nelson Mandela University Friday.

He clocked 48.24 seconds when finishing second in a heat and 47.91 to come fourth in a semi-final and make the Saturday final during a two-day gathering of 2012 London Olympic Games hopefuls.

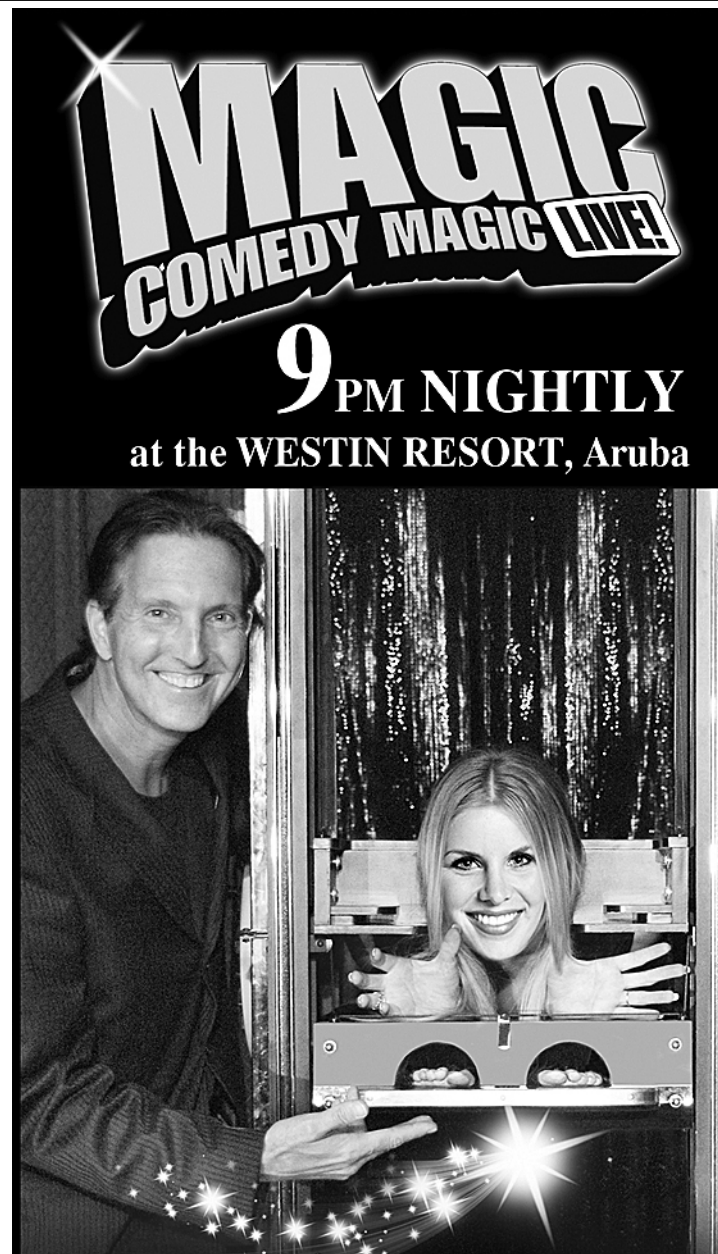
The Blade Runner appeared to be taking it easy in the semi-finals, glancing to his left and right during the race and switching to cruise mode during the final stages.

Pistorius bettered the

Games qualifying time of 45.30 in Pretoria this year and must do so again at an international meet to realise his dream of being the first amputee to compete at the quadrennial multi-sport showcase.

The organisation also told athletes they must compete at the national championships to be considered for London, with officials setting the South African team a target of 12 medals from all sports.

Former world 800m women's champion Caster Semenya is considered the best medal prospect among the athletes and she went straight into the Saturday final after with-



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Football: Rossi out of Euro 2012 after injury setback



MADRID (AFP) - Villarreal's Italian international striker Giuseppe Rossi will miss Euro 2012 after suffering a setback in his recovery from a knee injury on Friday that is likely to keep him out

for a further six months. "Giuseppe Rossi suffered a relapse of his right knee injury during training this morning (Friday), which will unfortunately make him unavailable for six months," Villarreal announced.

"The Italian-American has ruptured the anterior cruciate ligament in his right knee and will need to undergo an operation. Villarreal will reveal the date and location of his operation in the coming days."

Capped 27 times by Italy, American-born Rossi had been out since injuring the same knee during his side's 3-0 loss to Real Madrid on October 26 last year but was preparing to make his comeback.

It is further bad news for Italy coach Cesare Prandelli, who is faced with something of an injury crisis in attack prior to Euro 2012.

Prandelli could find himself without a number of important attacking players when Italy begin their Euro 2012 campaign against reigning champions Spain in Gdansk, Poland on June 10.

Mario Balotelli has been sent off twice for Manchester City this season and risks being excluded for contravening Prandelli's code of ethics, which forbids players from reacting violently on the pitch.

Milan striker Antonio Cassano, meanwhile, has only just returned to action following a heart operation in November.

Cassano and Rossi had formed Italy's first-choice attacking partnership during qualifying for Euro 2012 prior to Rossi's initial injury.

NBA: Bulls edge Heat despite rusty Rose



Derrick Rose #1 of the Chicago Bulls drives past LeBron James #6 of the Miami Heat

CHICAGO (AFP) - With NBA Most Valuable Player Derrick Rose struggling, C.J. Watson and the rest of the Bulls stepped up Thursday to lead Chicago to a 96-86 overtime victory over Eastern Conference rivals Miami.

Chicago clinched the Eastern Conference Central Division title and moved four games ahead of Miami for the top playoff seed in the East.

Rose, still finding his way back after a 12-game injury absence, was just 1-of-13 from the floor in what was statistically his worst NBA performance.

But Watson helped fill the void as he drained a game-tying three-pointer at the end of regulation as part of a 16-point performance.

"I'm not worried about my stats or anything," Rose said. "I'm just trying to get my timing back before the playoffs start. Could I make up excuses? Yeah. But you know

me. I'm not going to.

Heat star Dwyane Wade still had a chance to secure the victory at the end of regulation, but was off-target with a jump shot.

In overtime, with Rose on the bench, Luol Deng's basket gave Chicago an 86-84 lead. A shot from Wade was blocked by Omer Asik and Taj Gibson converted a three-point play on the other end to give the Bulls an 89-84 lead.

The Bulls outscored the Heat 12-2 in over-time, Miami unable to make a basket from the floor.

Miami star LeBron James led all scorers with 30 points, six rebounds and five assists. Wade added 21 points and Chris Bosh scored 20, but no other Heat player scored more than four points and the Bulls reserves out-scored Miami's 47-7.

"It hurts," James admitted. "As a team, we felt like we played well. We gave our-

selves a chance to win ... but they pretty much dominated the overtime."

Chicago's reserves also notched 21 rebounds and 13 assists.

Bulls coach Tom Thibodeau said he wasn't surprised to see the lesser-known Bulls step up.

"We have a team that's comprised of all team-first guys," Thibodeau said.

Chicago's dominant finish lent credence to Wade's pre-game remarks in which he called the Bulls "the best team right now in the NBA".

Although the Heat beat the Bulls in last season's Eastern Conference finals, this is a new season, Wade said.

"Yeah, we're the Eastern Conference champs, and you have to knock down the champs, but at the same time we're still chasing a team who has gotten better from last year, a team who is the best team in the NBA right now, and we have to chase them."



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Bahrain welcomes Formula One green light

MANAMA (AFP) - Bahraini organisers welcomed the decision of Formula One bosses on Friday to go ahead with the Bahrain Grand Prix on April 22 as planned despite unrest in the Gulf kingdom.

"The FIA (Federation Internationale de l'Automobile) made the right decision," Bahrain International Circuit (BIC) chief executive Sheikh Salman bin Issa al-Khalifa told AFP.

He acknowledged that ticket sales had been affected by uncertainty over whether the race would go ahead.

"Of course, some people were influenced by the wrong information. But we now expect... a rise in ticket sales," Sheikh Salman said.

The sport's governing body, the FIA, and commercial rights holder Bernie Ecclestone made separate announcements earlier the same day in Shanghai, venue of the Chinese Grand Prix, of the decision to go ahead with the Bahrain race.

"This confirms the lack of credibility of any information" over lack of security, said Sheikh Salman.

Last year's Bahrain Grand Prix was called off after February-March 2011 protests against the government that were crushed in a deadly crackdown.

The FIA said in a statement that it was "satisfied" that sufficient security was in place at the Sakhir circuit to deter protesters who say they will target the event.

FIA president Jean Todt led a fact-finding mission to the kingdom in November, it added, meeting the interior minister, members of the royal family, European ambassadors and the business community.

Bahrain says it is now safe, despite a recent upsurge in violence and mounting sectarian tensions, including a bomb blast on Monday that wounded seven police officers and a revenge attack on Shiite villagers.

The youth group of the "Revolution of February 14" has called for "three days of rage" in Bahrain from April 20 to 22, and also launched a campaign on Twitter against the race.

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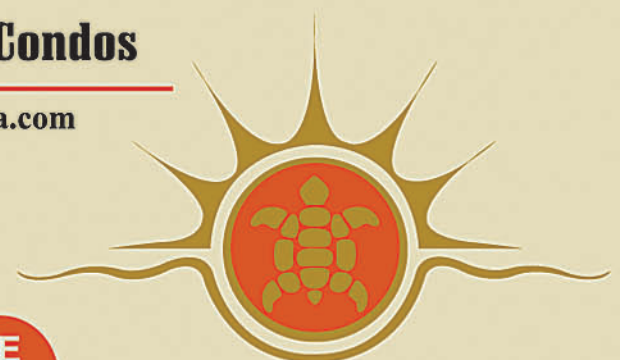
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Equestrian: US Olympian Tryon dead at 42

LEXINGTON (AFP) - Amy Tryon, a two-time Olympian for the United States in equestrian eventing, died in her sleep on Thursday, the US Equestrian Federation announced on Friday. She was 42 years old.

Tryon was on the bronze medal US team at the 2004 Athens Olympics and took part in the Beijing Olympics as well as two World Equestrian Games, taking team gold in Spain in 2002 and an individual bronze in Germany in 2006.

Tryon competed aboard Pog-

gio II, a former racehorse she found in a newspaper classified advertisement. She and her older sister were given their first pony when Amy was only one year old.

The Redmond, Washington, native was a firefighter until 2006, when she retired to dedicate herself to her riding career.

"Amy was one of my first developing riders on the West Coast and went on to be a regular member of the team for 10 years," said US eventing team chief Mark Phillips.

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